

# Adventure Sports Academy

2023 EASTER CAMPS SCHEDULES

ASA Basketball Easter Tournament

Jockey Club Youth Football League  
U15

Post-match analysis (zoom session)



**February 2023  
ISSUE**



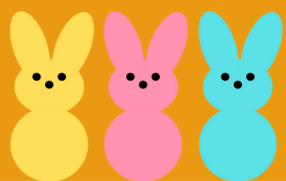
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Adventure Sports Academy (ASA)

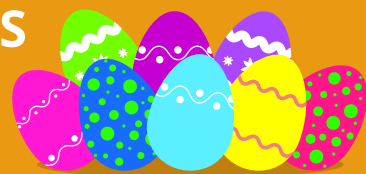


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# ASA 2023 EASTER CAMPS SCHEDULES

## ASA 2023 復活節夏令營時間表



**Class Location:**  
Happy Valley Recreation Ground,  
1 Sports Road,  
Happy Valley, Hong Kong

### EASTER SOCCER CAMP

Camp	DATES	TIME   AGE	PRICE
Easter Camp	April - 3, 4, 6	09:30 - 10:30am   U4 - U6 (60mins)	Fees per day 60mins = S220 90 mins = S260
	April - 11, 12, 13, 14	09:30 - 11:00am   U8 - U13 (90mins)	

\*Classes will be divided into several groups based on age group and level

**REGISTRATION**  
Call: +852 3998 4042 - **Whatsapp:** +852 9889 5102  
Email: info@adventuresportsacademy.com

ASA Soccer 2023 Easter Soccer Camp is NOW open for registration.

Our aim is to develop the basic motor skills learnt at a younger age and apply them to drills that develop the fundamental skills of soccer, such as shooting, passing, dribbling and controlling.

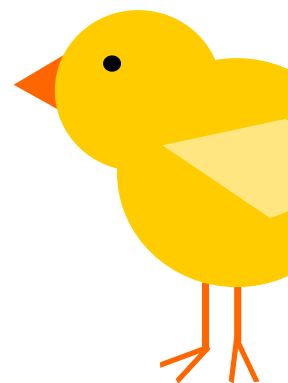
Contact us and reserve your spot now.

ASA 2023 復活節足球訓練營現已開放註冊。

我們的訓練專注在學生的基本運動技能，並將他們學到的知識加以發展及培養在足球基本技能的訓練中，例如射門、傳球、運球和控球。

快立即聯繫我們並預留您的位置!

**HAPPY EASTER**



ASA basketball 2023 Easter Basketball Camp at HKFC is NOW open for registration.

Our basketball classes develop the basic motor skills learnt at a younger age and apply them to drills that develop the fundamental skills of basketball, such as shooting, passing, dribbling and catching.

Contact us and secure your spot now!

ASA 2023 復活節籃球訓練營現已開始接受報名。

我們的籃球課程會培養孩子們在年輕時的基本運動技能，並將其應用到籃球的基本技能訓練中，例如投籃、傳球、運球和接球。

如想了解更多課程資訊，歡迎隨時聯繫我們!

### ASA BASKETBALL EASTER CAMP

#### MORNING CAMPS @HONG KONG FOOTBALL CLUB

No.	Date	Time	Age*	Camp Fees
Camp 1B	April - 3, 4, 6 Mon, Tue, Thu	9:00 - 10:00am	U8 (Age 6-7)	Non-member \$660/camp Members \$594/camp
		10:00 - 11:00am	U6 (Age 4-5)	
		11:00 - 12:00noon	U11 (Age 8-10)	
Camp 2B	April - 11,12,13,14 Tue, Wed, Thu,Fri	9:00 - 10:00am	U8 (Age 6-7)	Non-member \$880/camp Members \$792/camp
		10:00 - 11:00am	U6 (Age 4-5)	
		11:00 - 12:00noon	U11 (Age 8-10)	

**VENUE @ HKFC 1/F INDOOR SPORTS HALL**

# ASA Basketball Easter Tournament

@KWAI FONG STREET, HAPPY VALLEY

Camp	Date	Time	Age	Fees
Week 1	April - 3, 4, 6	10:00-12:00noon	U8 - U12	\$260 per day
Week 2	April - 12, 13, 14	10:00-12:00noon	U8 - U12	\$260 per day

The Easter Basketball Tournament on the above dates aims to provide a practical way to bring the community together, meet new players and gain more experience through participation.

Our Coaches will introduce 3-on-3 and 5-on-5 playing formats to help students participate actively in half-court and full-court matches. Students will gain a lot of fun, experience and a certificate through participating in the ASA Easter Basketball Tournament.

Please contact our coaches for more information!

復活節籃球錦標賽提供一個更好的平台將所有球員聚集在並一起在場上比賽以獲得更多比賽經驗。

我們的教練會介紹 3 對 3 和 5 對 5 的比賽形式，以幫助每一位球員積極參與半場和全場比賽的節奏。通過參加 ASA 復活節籃球錦標賽，球員將獲得很多樂趣和經驗。完成所有比賽後每位學生更可以獲得證書一張。

請聯繫我們的教練以獲取更多比賽的資訊！



# JOCKEY CLUB YOUTH FOOTBALL LEAGUE U15

## 2022/23 賽馬會青少年聯賽U15



### 2022/2023 Jockey Club Youth Football League (U15)

ASA U15 Squad played their three matches in February in the U15- B Division. They played their first game on the 5th of February against Kwun Tong at Sha Tin Sports Ground. The second game on the 11th of February against Central Western District at Fanling Recreation Ground. The third game against Kowloon City at Tuen Mun Sports Ground.

We won all three matches and now we are on top of the table. Great performance by the boys! Keep moving forward and get ready for the other 3 more games ahead against Hoi King, Sha Tin and Eastern District!

For match highlights, please visit our Instagram @asa\_hongkong 📹

### 2022/23 賽馬會青少年聯賽U15

ASA U15 隊在 2 月份期間進行了三場比賽在賽馬會青少年聯賽U15-B 組。他們的第一場比賽於2月5日在沙田運動場對陣觀塘，第二場比賽於2月11日在粉嶺遊樂場對陣中西區，第三場比賽則在屯門運動場對陣九龍城。

我們贏得了三場的比賽，現在我們在積分榜上名列前茅。球員在每一場上的表現非常出色！我們非常期待接下來的三場比賽對陣海景、沙田和東區做好準備！加油ASA!!

# POST-MATCH ANALYSIS (ZOOM SESSION)

## 球隊網上賽後分析



Recently we have brought the new technology VEO camera system into ASA. The system can capture the player's performance and their actions during the whole match. Moreover, the system is able to show a lot of stats and analytics to allow each of the players to reflect on and review their own performance in the video.

Therefore, our coaches would like to use this new opportunity to run a post-match analysis session through ZOOM after matches and it will only take around 45 minutes for them to learn on the screen.

最近，我們將新技術 VEO 攝像系統引入了 ASA。該系統可以捕捉球員在整場比賽中的表現和動作。此外，該系統能夠顯示大量統計數據和分析，讓每個球員都能在視頻中反思和回顧自己的表現。

因此，我們ASA教練想利用這個新機會，在賽後通過ZOOM進行分析。球員只需要大約45分鐘就可以在屏幕上與教練一起討論和學習。




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